

One Weston Court, Augusta, ME 04330 | 1.800.639.1553

October 17, 2024

TO:

Town of Damariscotta 21 School Street Damariscotta, ME 04543

Dear Ms. Rebecca Bartolotta,

I am writing to request financial support for Spectrum Generations' essential programming that serves our older and disabled adult population in your municipality. A positive outcome of the COVID-19 pandemic was the reduction of the stigma associated with asking for help among the people of Maine. Unfortunately, the increased demand for services has not been matched with the same level of federal and state support. With losses in funding streams, ongoing inflationary pressures, and the current economic conditions, we are seeking a gift of \$5,314.05 from the Town of Damariscotta, reflecting a five percent increase over the previous year's funding.

One key program that requires annual development funds is Meals on Wheels. This service not only delivers nutritious meals to homebound older and disabled adults but also provides vital social interaction, helping combat social isolation, and provides a wellness check directly from a caring volunteer to each meal recipient at their home. Additionally, we aim to expand our coordination of the aging and disability resource center (ADRC) to ensure that older adults and their families have access to necessary information, support, and referrals and are connected to health and wellness programs. Among other topics, ADRC supports Medicare counseling and enrollment, financial management (paying routine bills), caregiver respite, and caregiver support groups. Volunteer hours are vital to our programs, and we seek financial support to recruit, train, and retain volunteers who serve our older residents. All our volunteers come from municipalities such as yours.

Furthermore, our four strategically placed Adult Daycare programs in central Maine offer a safe and engaging environment for older and disabled adults, allowing caregivers respite and support while ensuring participants receive the care they need. Family caregivers are often the backbone of elder care and our communities. We must provide them with resources and support. While our aging and disabled residents face numerous challenges, thank you for helping Spectrum Generations offer optimal services to enhance their quality of life so they may continue living in their communities of choice, including those living in the Town of Damariscotta.

Thank you for considering this request for financial support, we appreciate you very much.

Sincerely,

Lindsay MacDonald

Vice President of Community Engagement

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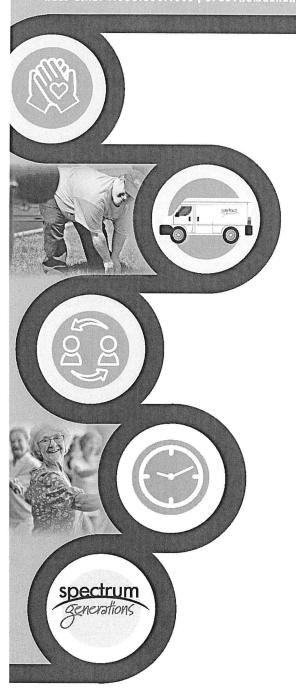
Estimated value of services: \$34,940.47
Request to the Town of Damariscotta: \$5,314.05



## Strengthening our Communities

SERVING THE COUNTIES OF: KENNEBEC | KNOX | LINCOLN | SAGADAHOC | SOMERSET HELP LINE: 1.800.639.1553 | SPECTRUMGENERATIONS.ORG





Services provided to the town of

## Damariscotta

during our previous fiscal year.

Overall, we provided services to **60** Damariscotta residents.

**2,021** meals were delivered through our Meals on Wheels program to **17** Damariscotta residents.

Our Aging and Disability Resource Specialists counseled **56** people on topics including elder abuse, prescription drug coverage, and long-term care.

Damariscotta resident volunteered
 hours of their time supporting
 Spectrum Generations.

Spectrum Generations is the Central Maine Area Agency on Aging 501 (c) (3) Tax ID: 01-0318051.

\*Data is from services provided during the period (7.1.23 - 6.30.24).

## Petition to Town of Damariscotta to raise/appropriate the sum of \$5,314.05 for Spectrum Generations

MEGERAWBE

Me 2025 Annual We, the undersigned registered voters of the Town of Damariscotta, hereby request that Spectrum Generations have an Article included المالية Town Meeting Warrant requesting an amount of \$5,314.05 to help fund Spectrum Generations for Damariscotta Residents.

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